



PROGRAMME ANGLAIS

*Organisme de formation
149 avenue du Maine – 75014 Paris
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▶▶▶ Level 1

A2 CECRL

60 heures

Préparation TOEIC

Objectifs pédagogiques

Reflex'English Level 1 est une ressource digitale qui s'adresse aux débutants, mais aussi à ceux qui souhaitent revoir les bases grammaticales et lexicales en anglais.

Reflex'English Level 1 permet d'atteindre le niveau A2 du CECRL, il est composé de 24 leçons d'apprentissage et de 6 leçons de test, avec de nombreuses animations de situations, de grammaire et de vocabulaire.

Parmi les objectifs de ce niveau : apprendre ou revoir les bases grammaticales et lexicales, comprendre des phrases et expressions usuelles, décrire simplement son environnement, sa situation personnelle et professionnelle, communiquer de façon simple sur des sujets familiers et habituels qui correspondent à des besoins immédiats, se faire comprendre dans des situations simples.

Compétences linguistiques

Compétences langagières - comprendre et s'exprimer en anglais

La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire, vocabulaire, expression écrite et compréhension écrite et orale.

Compréhension écrite - Textes

Des activités basées sur des textes en anglais (retranscription des dialogues des animations de situation) permettent d'améliorer la compréhension écrite de la langue.

Compréhension orale - Enregistrements sonores/Animations/Vidéos

- De nombreux enregistrements audio permettent une immersion rapide dans la langue anglaise.
- Les animations servent de prétextes pour présenter les différentes fonctions du langage : le vocabulaire usuel et la grammaire en anglais.
- Une suite de films animés présentés dans des leçons est destinée à accompagner, souligner et expliquer le vocabulaire en anglais.

Niveau de granularisation

30 Modules comprenant de multiples jeux-exercices interactifs et stimulants.

- 24 leçons d'apprentissage
- 6 leçons de tests



First greetings - Premières rencontres

Hello!
Il s'agit d'un simple bonjour.
Hello est un mot passe-partout qui peut être utilisé pour saluer ou pour répondre à une salutation.

Hello. Nice to meet you.
Bonjour plus élaboré pour une première rencontre.
Nice to meet you est une forme de politesse en anglais utilisée lors de la première rencontre, dans une situation qui exige une certaine tenue.

Pré requis technique

- Navigateur web : Chrome, Firefox, Safari, Edge, Android, iOS
- Système d'exploitation : Mac, Windows, Android, iOS



The United Kingdom (UK): capital cities - Le Royaume-Uni : les capitales

London is the capital of England.
Belfast is the capital of Northern Ireland.
Edinburgh is the capital of Scotland.
Cardiff is the capital of Wales.

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Lesson 01 - Starting out

Singular personal subject pronouns
Plural personal subject pronouns
To be in simple present: affirmative and contracted form

Lesson 02 - Are you English?

To be + nationality
To be from + country
To come from + country
Countries / Nationalities

Lesson 03 - To be

To be in the simple present: affirmative contracted form
To be in the simple present: negative form
To be + adjectives
The alphabet
Countries
Everyday adjectives

Lesson 04 - Or not to be

To be in the simple present - negative form: contraction of the verb
To be in the simple present - negative form: contraction of not
To be in the simple present: interrogative form
To be from: country/city of origin
The United Kingdom (UK)

Lesson 05 - Test Lessons 1 to 4

Review and Test of Lessons 1 to 4

Lesson 06 - What's your name?

Possessive adjectives
Questions with what
Asking for someone's name
Giving one's name
Asking questions
Negative sentences in the simple present
To have got in the simple present
Simple present: negative and interrogative forms
Family / Nationalities / Names

Lesson 07 - Numbers

Numbers from 0 to 20, from 20 to 100, after 100
Hundred, thousand, million
1st, 2nd, 3rd, 4th, 5th... 100th
Particular forms
Calculations, the four basic operations
Around numbers
Around first, second and third
Indeterminate quantities

Lesson 08 - Other numbers

After 100th, after 1000th
Fractions
Decimal point, comma
Zero, nought, oh
Percentages / Phone numbers / Years
Phrases with percentages and fractions

Lesson 09 - Days, months and seasons

Simple present
To be in the simple past
Time expressions with this, next, last
Days of the week, months of the year, seasons
Phrases with work and day
Around time
Around "to begin" and "to end"
Temperatures (weather)
Some important dates in the year (Christmas, Easter)

Lesson 10 - Test Lessons 6 to 9

Review and Test of Lessons 6 to 9

Lesson 11 - Hello and goodbye

Good and bad (irregular adjectives)
Greetings at different times
Saying "hello": first greetings, friendly greetings, formal greetings, polite greetings
Saying "goodbye": informal goodbyes, polite goodbyes
Around soon and late
Around please and nice
Around friend and fine

Lesson 12 - My favourite colour

Regular adjectives: comparative and superlative forms
Open and closed questions
Colours
Around the weather
Traffic lights in England
Hair
2D and 3D Shapes
Around "other"

Lesson 13 - Date of birth

Asking for someone's age
Personal object pronouns
Writing a date
"To be" in the simple past and the simple future
Date of birth
Prepositions "on, in, at"
Saying one's age
Saying your date of birth
Numbers, days and months

Lesson 14 - The time

Asking and telling the time
In and at to specify a moment
The time: past, to, exact time
Adjectives used with time phrases
Just in time + to/for
Clocks
Around meals
Talking about timetables
Phrases around time

Lesson 15 - Test Lessons 11 to 14

Review and Test of Lessons 11 to 14

Lesson 16 - Where is it?

Asking for and giving directions
Beginning / middle / end
Left/right
Up / down
Bottom / top
Addressing someone
To go + prepositions
Possessive case
Shops
Means of transport

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Lesson 17 - Turn left!

Asking for and giving directions
Could
To tell
"Which on?" or "On which?"
Simple present
Possessive pronouns
This/these, that/those
Imperative
Saying "thank you" and answering

Lesson 18 - My home

Locating things around you
There is/are
There isn't/aren't
There is + some / There are + some
There isn't + any / There aren't + any
Is there / Are there + any?
Much / many
Quantifiers
Rooms
In the bathroom
In the kitchen
Objects and pieces of furniture

Lesson 19 - Around the house

Locating things around you
Making suggestions with "let's"
Prepositions of space
Quantifiers
Too, also and as well
Describing the house
Rooms
Some common verbs
Describing size

Lesson 20 - Test Lessons 16 to 19

Review and Test of Lessons 14 to 19

Lesson 21 - Your body

Body/Senses-related verbs
Parts of the body
The five senses

Lesson 22 - Clothes and accessories

Present participles
Present continuous
Clothes and accessories
Clothing materials
Parts of the body

Lesson 23 - Introducing yourself

Introducing oneself and others
Reflexive pronouns
Imperative with "let me" and "let's"
Expressing permission
Referring to someone
Family members
Greetings
Interviewing
Meeting people for the first time
Around "short"

Lesson 24 - Talking about your family

Introducing someone
"To have got" in the simple present
Adjectives ending with "-ed" or "-ing"
Short and long adjectives
Comparative and superlative
Prepositions of place
Describing the family
Interests
Describing a picture

Lesson 25 - Test Lessons 21 to 24

Review and Test of Lessons 21 to 24

Lesson 26 - Whose dog is it?

Wh- questions
Possessive pronouns
Talking about possession
Irregular plurals
Possessive case
Some, any, no
Animals
Talking about family and relatives
To live + prepositions

Lesson 27 - What's your son's favourite hobby?

Talking about family and relatives
Both
Position of an adjective or an adverb
Simple present
Relative pronouns
The United Kingdom of Great Britain and Northern Ireland
Hobbies
Sports
Around wedding
"In-law family" vs. "step family"

Lesson 28 - At the grocer's

Prepositions « at » and « to »
Very few, few, a few, quite a few
All
Would like
One, ones
Shops
At the grocer's
A funny joke
Around funny

Lesson 29 - How many eggs, Madam?

How much? or How many?
Quantifiers
Food and drinks
At the market
At the grocer's
Phrases for special numbers
Food quantifiers and containers

Lesson 30 - Test Lessons 26 to 29

Review and Test of Lessons 26 to 29